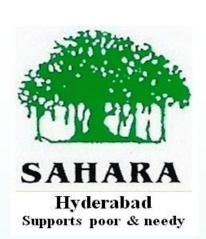
## SAHARA ANNUAL REPORT 2017-18



#### **WE WORK FOR**

- EDUCATION
- HEALTH
- COMMUNITY DEVELOPMENT
- LIVELIHOOD
- WOMEN EMPOWERMENT
- ENVIRONMENT

#### **BOARD OF DIRECTORS**

T.N. Balamukund,B.Sc, LLB, President

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> Jitender Kumar, Exe. Member

**Sahara** has been working for the cause of poor and needy since 1988. The focus has been to support the underprivileged and bring in sustainable development in their community.

Mission: To serve the poor and needy in rural areas and urban slums, enabling them to come up in their life.

**Vision:** To implement sustainable solutions for various issues hampering development in community.





"Let us serve the poor and needy"

### **From our President**



It is my pleasure to present you on behalf of our staff at SAHARA, the annual report of 2017-18. We have worked side by side with donors, community leaders, businesses and many others to facilitate positive social change for the entire region. Keeping in view of our aim to serve the underprivileged in the community and help them stand on their own to lead a quality life, we have successfully continued our programs of supporting children and their families.

The sponsor a girl child program and sponsor an aged program have created a great impact in our community. Children those benefited from our program are focusing on their studies. Aged, under our program are happy with services which was visible in their participation in our elderly day program and other events. Our work on community development was continued with focus on environmental protection practices in the community. The project where we have supplied reusable bags with our banner cloths to schools in our area has achieved a great success and it gives us immense pleasure to see the community using it. Individual events, wherein the donors celebrate their important occasions, have increased in the last year and we could see immense joy and pleasure among both then donors and the beneficiaries.

As you review our Annual Report and learn more about SAHARA, we urge you to take a moment to read the individual stories of impact from the past year. These stories provide a glimpse into the immense opportunity philanthropy creates within our region. I am grateful to all our donors, volunteers, patrons who helped implement our programs despite fund crunch. I would like to express our gratitude to our donors without whom we would not be able to accomplish our activities. As we move ahead, we would strive to serve as a liaison between donors and beneficiaries and see to it that we can introduce our community to the donors, so they could see the benefit they are providing to the needy. We invite you to join us in our endeavors and extend your support to reach the neediest.

Mr. T.N.Balamukund President











## **CHILDREN**







#### **PROGRAMS:**

- **Sponsor a child program:** Children selected under this program are provided with nutrition, toiletries, educational material, dresses, tuition fee, supplies for personal and family needs, health care and emergency needs
- Awareness generation: SAHARA has conducted awareness sessions on life skill development, environmental health, geriatric care and on various other major areas of concern for children enrolled in schools in our project area.
- Sponsor for higher education: Poor students were supported to continue graduation and other higher education courses.

#### **OUTCOME:**

- Sponsored 41 Girls and 13 boys semi/orphan children belonging to vulnerable families.
- Whereas 30 more such children got occasional support and more than hundred are in wait list to get support.

#### **CASE STUDY:**

Nikitha is good at studies and she is now in 8th class studying at Saraswathi High school, Venkatreddy Nagar, Hyderabad which is nearby her house. She has one younger brother who is also going to school. Makita's parents migrated from Medak district for livelihood in the year 2005 as they do not have any agricultural land or assets and not getting any labor work to live. Her father was working as a labor and he used to quarrel at home due to family and financial problems. One day, in the year 2008, he quarreled and left home. Since then his whereabouts is not known. Her mother who is uneducated can't go for any other work leaving



her two children. She gets some income by rolling beedis. They are living in a small rented room in a slum area at Hyderabad. She is in a desperate condition and not able to maintain herself and her two children. Under these circumstances, Sahara helping Nikita from last 10 years by providing educational support, nutrition, toiletries and other needs with the help of sponsors. Sahara wishes that Nikita should complete her education to the maximum possible for better future.



Manisha Pawar is now in 8<sup>th</sup> class. Her father worked as painter and died with failure of lungs. He could not go for better treatment due to financial problem. Her mother Laxmi is not educated and working on daily wage. They stay in a small rented room in a slum area. They don't have any other income source. Her mother's earnings not at all sufficient to meet the daily needs and in sending Manisha to school. From last 8 years Sahara is supporting in a small way and looking for sponsors to complete her schooling and further education.

## **AGED CARE**







#### **PROGRAMS:**

- Adopt a destitute aged: Sahara has adopted the elderly who are living within the community in the slum areas and having no one to care or support them. The program ensures support for their life time. The elderly are provided with monthly sustenance support such as nutrition and toiletry items, clothes and other needed support time to time.
- Sahara- Suraksha old age home: Extended support in establishing Day Care Centre and old age home at Ashok Nagar, near BHEL, Hyderabad to accommodate poor and needy destitute elderly.
- Awareness on caring the elderly: Awareness was generated among school students and younger generation by
  conducting different events in schools. The need to care and support them was imparted to the younger
  generation and society.

#### **OUTCOME:**

- 47 Elderly were there in the beginning of the year, 8 were died due to age. Occasional support was extended to another 20 elders during the year.
- More than 1500 Students of 5 different schools participated in the programs and at the same time mobilized donations to help the Aged.
- 62 elderly were supported under day care services for the aged at Suraksha Centre and 6 elderly were accommodated under short stay

## SKILL DEVELOPMENT & LIVELIHOOD FOR WOMEN, YOUTH, ADOLOSCENTS







#### **PROGRAMS:**

BEAUTICIAN & MEHANDI TRAINING COURSES: Careers in the beauty industry are such that they will never ever
face redundancy. Sahara conducted training courses in Beauty culture for young women and adolescents
belonging to weaker sections. Later, they were provided with suitable placements with parlors, to set up their
own parlors and house visits

- TAILORING & FASHION DESIGN COURSES: Vocational Training courses in Tailoring, Fashion design and
  embroidery were conducted in Hyderabad, Karimnagar, Venkatraopally and Husnabad. The beneficiaries were
  young house wives, school dropout adolescents and young women attending to colleges, the skill helped them
  to support their families.
- COMPUTER, WORKPLACE ENGLISH & LIFE SKILLS TRAININGS: To create employability potential among youth
  and young women, regular training classes were conducted in computer basics with workplace English and life
  skills. After the training, they were provided free placement and referral services to different areas.
- **OFFICE ASSISTANT TRAINING:** Training was offered to youth on office management knowledge so that they can get employability opportunities. These candidates were placed in different firms after the training and we have also encouraged them to complete their studies while working.
- COUNSELING AND PLACEMENT SERVICES: Year-round regular counseling and placement services were provided to unemployed youth and young women who were trained with us and those who are seeking some jobs. Free placement services were provided to skilled and unskilled youth by refereeing to different malls, small scale industries, companies, shops and establishments. Some of the candidates were referred for placement through IL&FS, DMart, Subway, McDonald, KIMS Hospital, Australian Retail, Advocate offices, Hospitals, other firms and establishments.

#### **OUTCOME:**

- 21 women got trained in beautician course and they are getting income from the skill
- 62 young women and adolescent girls got trained successfully during the year.
   25 candidates are continuing their training in Tailoring and Fashion design at Hyderabad Centre.
   35 candidates completed training in Karimnagar and Husnabad centers.
   All the trainees were able to earn and support their families after the training.



- More than 1200 candidates got help under these services.
- 65 candidates belonging to weaker sections, school and college drop outs got trained under Computer program.
- A fully-fledged Office Assistant training course with practical knowledge was given to 21 candidates who were school and college dropouts and searching for jobs.

## **ENVIRONMENT**







#### **PROGRAMS:**

GROW TREES - SAVE TREES: Apart from planting new saplings, regular follow-up is continued in watering and
caring of saplings planted during last few years in different villages, schools, houses and fields in Karimnagar
district. The responsibility of the care was taken up by the students, youth and women. Regular monitoring was
done to encourage survival of the plants including those planted in the previous years.

- RAIN WATER RECHARGE & RECYCLING UNITS: Regular maintenance of units which were constructed earlier in
  different villages of Mahabubnagar, Karimnagar, Nizamabad and Medak districts of Telangana were monitored
  and maintained with the support of beneficiaries, villagers and school authorities including students by further
  creating awareness on saving rain water for future. In addition to this, two more recharge pits were constructed
  in Nizamabad district.
- PLASTIC WASTE & SAVE ENVIRONMENT: Awareness camps and competitions like painting, essay writing, songs
  on plastic usage and in saving environment were conducted in different schools and asked them not to use
  plastic and to reduce plastic usage in their daily life. Cotton bags were stitched with our ongoing trainees at our
  tailoring centre and distributed to children and women for their regular usage.

#### **OUTCOME:**

- 5000 saplings were planted in different villages and school premises and more than 10000 earlier planted saplings were protected with regular watering and maintenance.
- 3 new units of recharge pits were constructed in the villages and hand over to mahila groups to maintain. 12 old units were undertaken for maintenance.
- 3 major campaigns were organized in schools to save environment by saying no to plastic and using cotton bags.
   Stitched cotton bags with the tailing trainees using old cloths and banners and supplied to students and mothers.

## **HEALTH CARE**







#### **PROGRAMS:**

- HEALTH CARE FOR CHILDREN: Regular Health checkups were organized in at Sahara Head Office covering the slum area of Amberpet, Hyderabad for children. Preventive health was conducted on a regular basis, once in two months.
- **ELDERLY HEALTH CARE**: Elderly were given awareness on various NCDs which can affect them and then need for regular monitoring of blood sugar and BP. Doctors visited our office for a checkup, administers common arthritic and B- complex medicines and referred to nearest public health sector facility for regular treatment.
- HEALTH CARE FOR WOMEN: Apart from health checkup, the mothers were educated on seasonal diseases and
  the food habits of children that affect the health of the children. Some of the chronic cases were advised to go
  to nearby Govt. Homeo Hospital.

#### **OUTCOME:**

- More than 200Children, women and elderly were covered with 6 bi-monthly camps and with regular health care checkups.
- 20 health care awareness camps were conducted in our project area focusing on primary and primordial prevention.

## **TRAININGS & WORKSHOPS**

Life in Space - an International Lecture & Workshop was attended by our sponsored students held on 10 Dec 2017 at B M Birla Science Centre, Hyderabad. It was organized by Indian Astrobiology Research Centre (IARC) under the aegis of National Space & Sciences Curriculum (NASCA) an initiative of the Indian Astrobiology Research Foundation (IARF) supported by Indian Space Research Organization (ISRO) and mentored by scientists from top institutions across the world.

## **EVENTS**

#### INTERNATIONAL DAY OF OLDER PERSONS:

International Elders Day was celebrated by inviting poor and needy **elderly** living in the community. Games and entertainment programs were organized for them at Hyderabad on Oct 1, 2016. On this occasion felicitated eldest aged people and those who are working for the care of the aged. Provided refreshments, lunch, and nutrition and toiletry items to all the participants. More than 50 elders participated and felt very happy for organizing a day for them.



#### **WOMEN'S DAY CELEBRATION:**

The Women's day was organized for the under privileged women living in different slums of Hyderabad. On the occasion, the invitee guests enlightened the women on self-reliance and their role in family development. Various competitions were conducted to encourage women in extracurricular activities. The women who completed in various training courses were awarded with certificates. More than 35 women attended the celebrations.



#### **FOUNDATION DAY:**

Sahara's foundation day was organized on 31<sup>st</sup> December 2017 at its head office. The members of Sahara, trainees, beneficiaries and well-wishers attended the program. Local Corporator Ms K Padma, Mahila Mandals federation Joint Secretary Ms G Laxmi and others attended the program and lauded the activities of Sahara for the past 30 years. On this occasion various welfare programs were organized to Aged and Children and certificates were distributed to trainees.

MEMBERSHIPS & PARTNERS: During the year Sahara became member as NGO partner with GivNow-Benow.

#### **BLOCK PLACEMENTS WITH SAHARA:**

Yashwantrao Chavan School of Social Work of Shivaji University, Satara, Maharashtra has sent eight BSW III year students to SAHARA for block placement from 1st to 30th June 2017. During internship they learned about NGOs, its functions and visited different NGOs. Worked with Sahara for aged care, child sponsorship, environment protection, fund raising etc and completed assignment successfully.



## Trusts, Foundations and Institutions supported during 2017-18

Adarsha Mahila Mandali		
Alliance Club of Sri		
Mahayogini Manikeswari		
Mata		
Balabhadruni Trust		
B.S.M. Trust		
Eye Care Society		
God Parents Foundation		

Inpactguru.Com		
Jillellamudi Amma Seva		
Samithi		
Letzchange Foundation		
Letzdream Foundation		
Mother Theresa Service		
Society		
Manav Jagriti Foundation		

Rotary Club Of
Hyderabad
Sangamitra Lioness Club
Shanthiyutha Youth Club
Sitaram Jindal Foundation
Sri Aurobindo Integral Edn.
Society
St. Joseph High School

## **INDIVIDUAL DONORS SUPPORTED DURING THE YEAR 2017-18:**

Aarthi		
Palanimanickam		
Ananda Kumar Pv		
Antharyami Dash		
Anu Radha A		
Arun Nagarjun &		
Vijay Nagarjan		
Ashok		
Balamukundtnb		
Bhavana Gupta		
Chandra Lekha R		
Chetan Bansali		
Devesh Chipade		
Geeta Bai Ks		
Haritha K Dr.		
Hema lyer		

Hrushikesh Gandhi
Indira Ramgiri
Jhansi Laxmi V
Krishan Racharla
Krishna Gajula- Canada
Laxman Rao Kalyani
Laxmi Mamidipalli
Meghana Katiki
Mitra Pokkuluri
Mohan P.K.
Mukesh Gandhari
Murthy K.G.K.
Nageshwar Rao R
Narsing Rao R
Neeraja Thota
·

Nilesh V Shah	
Pranathi ramagiri	
Purna L	
Radhika Rohini R	
Raghudevgayam	
Raja Keshavan-Usa	
Rajendra V.Shah	
Rajithapeddi	
Rajni Sharma	
Rama Kodavati	
Ramakrishna R	
Rambabu Balanagu	
Ramulu M	
Ravalaitadaka	
Sailaja Kandukuri	
Sarada Pullabotla	

Satyanarayana M			
Savitri M			
Shobhalaxmi A			
Sindhujaramagiri			
Sita Rama Lakshmi P			
Snigdha Siddula			
Srinivasa Aditya S			
Sudeep Kodavati			
Sujatha &Aswini			
Anasuri			
Sukesh Kumar			
Sumit R Ashtekar			
Sweekarramagiri			
Varalaxmi			
Venkateshwar Rao			
Tvk			

#### **SCHOOLS PARTICIPATED IN CONDUCTED EVENTS DURING 2017-18**

Bharathi Vidya Bhavan High School			
Jyothi Balamandir High School			
Little Lilies Vidyalaya			
Mandal Parishad Primary School			

Mothers Integral School			
S.V.E.S High School			
Sri Aurobindo Integral Education Society			
St Joseph High School			

#### **VISITORS:**

P. Venkatram (Rotary club of Hyderabad), Laxmi Somayajulu, L Purna (Lions Club), Jillelamudi Amma Seva Samithi Members, S Balakrishna (Red Cross Society & Alliance Club), K Padmavati (Local Cooperator) Donors: B. Rambabu, TKV Venkateshwar Rao, R. Chandra Lekha, R. Indira, Mohanan PK, G. Mukesh Kumar, M. Satyanarayana, Radhika Rohini and others.

#### ORGANIZATION LEGAL STATUS

Particulars	Regn No	Dated
Regd under Societies Act	3119/98	29.12.1988
80G of IT Act (permanent)	F.No.DIT(E)/HYD/80G/12(08)ren/08-09	02.01. 2009
12A of IT Act (permanent)	F.No.HqrsI/30/12A/02-03/DIT(E)	01.10.2002
PAN	AACTS4926P	29.12.1988
FCRA (valid up to 01.11.2021)	010230259	05.08.2016
Planning commission-UID-Ren	AP/2009/0017934	-

## Donations accepted in the name of 'SAHARA'

#### **INDIAN DONATIONS:**

A/c No. 404601010006617 (IFSC: VJB0004046), Vijaya Bank, Narayanaguda, Hyderabad-29

**FOREIGN DONATIONS:** 

A/c No.0649101019518 (IFSC: CNRB0000649), Canara Bank, Narayanaguda, Hyderabad-29

We thank all our donors, supporters, volunteers and well wishers for their continuous support and concern for the cause of poor and needy

- R Narsing Rao, Secretary & Chief Functionary

## **SAHARA**

#2-3-703/k/1(911), Tirumalanagar, Amberpet, Hyderabad-500013
Tel: 9440483089/40.27407952 Email: sahara\_ngo@rediffmail.com,
http://www.saharangots.org, saharangohyderabad@gmail.com,
https://www.facebook.com/saharahyderabad



# Skill training for youth

OUR BUREAU

Hyderabad: Sahara, a voluntary organisation under the auspice of Nehru Yuva Kendra, Ministry Youth Affairs & Sports (Government of India) is conducting a three months training courses in computer basics and DTP for the youth. Apart from the training free counselling is provided for better employment and self employment opportunities for the youth.

Interested candidates can directly contact: Sahara, 911, Tirumalanagar, Amberpet, Hyderabad-500013. Tel: 9440483089/27407952, email: sahara\_ngo@rediffmail.com.



ఆచివారం 29 జనవలి 2017, హైదరాబాద్

నేడు సహారా సంస్థ అధ్వర్యంలో సేవా కార్ఛక్రమం

గోల్మాక, జనవల 28: సహారా సేవాసంస్థ ఆధ్వర్యంలో పలు సామా జిక సేవాకార్యక్రమాలు నిర్వహిస్తున్నట్లు సంస్థ కార్యదర్శి రామగిరి నర్సింగ్రావు ఒక ప్రకటనలో తెలిపారు. ఆదివారం ఉదయం 11గం టలకు అంబర్పేట తిరుమలనగర్లోని సహారా కేంద్రంలో ' ఈచ్ వన్–స్పాన్సర్ వన్ గర్ల్ వైల్డ్' కార్యక్రమంలో భాగంగా అనాథ, పేద విద్యార్థులకు ఎడ్యుకేషన్ మెటీరియల్తో పాటు నిత్యావసర వస్తువు లను అందజేయనున్నట్లు తెలిపారు.



حدیر آباد 16 می (پریس نوٹ) غیر مرکاری بھیم مہارا کے زیراجتمام تعلیم یافتہ وغیر تعلیم بیافتہ تواقعین ،طلب اور ترک تعلیم کرنے والوں کیلئے ورکستنل فرینگ پروگرام کا اطان کیا گیا ہے جس میں استفس ڈیو کہنٹ اور تو وروزگار پر بھی کورمیس میں ٹیلئے نگرانگ، ویشک ، تیز بریک کے پرتر بیت بالکل مفت دہ کی ۔ تربیت کے کمپیولر، ڈی ٹی کیا ، اسپوکن الکلش، پرستانی ڈیو کہنٹ ، آفس اسسٹنٹ اور دیگر کورمس پرتو جدی جائے گی۔ بیتر بیت بالکل مفت دہ کی ۔ تربیت کے بعد توروزگار اور طاقر مت کیلئے رہبری ورہنمانی کی جائے گی۔ حزید تقسیلات کیلئے مہارا کونسلنگ، ریسورس ایڈ ٹریننگ سٹر تر وطائکر، امیر پیدے سے راست یافون غیرات 2740795 و 9440483089 پر ہواکریں۔



### **ఉపాభి శిక్షణా తరగతులకు ఆహ్వానం** సం**ట**: నహారా న్వవుంద నంన్ల ఆధ్వర్యంలో మహిళలకు, నిరుద్యోగ యువతకు

నల్లకుంట : నహారా స్వచ్ఛంద సంస్థ ఆధ్వర్యంలో మహిళలకు, నిరుద్యోగ యువతకు కంష్యూటర్ బేసిక్స్, స్పోకెన్ ఇంగ్లిషు, పెర్చనాలిటీ డెవలప్ మెంట్, ఆఫీస్ అసిస్టెంట్, బ్యూటీషియన్, మెహంది, టైలరింగ్ తదితర కోర్ఫులలో శిక్షణా తరగతులు నిర్వహిస్తున్నట్లు సంస్థ డైరెక్టర్ ఆర్.నర్సింగ్రామ తెలిపారు. శిక్షణ అనంతరం తగిన ఉద్యోగ అవకాశాలు కల్పి స్తామని తెలిపారు. ఉద్యోగం చేస్తున్న వారు కూడా సాయంత్రం శిక్షణా తరగతుల్లో పాల్గొనవచ్చని తెలిపారు. న్యూల్ కాలేజ్ మానేసిన విద్యార్థులకు ఉచిత కౌస్టిలింగ్ నిర్వహిస్తున్నట్లు తెలిపారు. ఆసక్తి గల మహిళలు, నిరుద్యోగ యువత సహారా టైనింగ్ సెంటర్, 911, తిరుమలనగర్, అంబరోపేట, హైదరాబాద్-13, ఫోన్సెంబర్ 9440483089ను సంప్రదించా ల్సిందిగా పేర్కొన్నారు.

HYDERABAD

### Telangana 🕮 Today

THURSDAY, 23 MARCH, 2017

#### Hyderabad

## Skill development programmes

Sahara, a voluntary organization is conducting different skill development training programmes in beautician, mehndi, tailoring, MS Office, DTP, spoken English, personality development and office management courses. For further information, interested women can contact Sahara - Counseling, Resource and Training Centre (CRTC), Tirumala Nagar, Ambernet. Ph.9440483089 or email: sahara\_ngo @rediffmail.com

# THE HINDU HYDERADAD FRIDAY, DECEMBER 8, 2017

### Training programmes

Sahara, a non-governmental organisation, will conduct training programmes in computer basics, spoken English, personality development, and other need-based courses for women, students, school and college dropouts in need of improving their skills and employability potential. For details contact:

9440483089, 27407952.

# डेली हिन्दी मिलाप

## युवाओं के लिए नि:शुल्क कंप्यूटर प्रशिक्षण

हैदराबाद, 7 फरवरी-(मिलाप ब्यूरो)
स्वयंसेवी संगठन सहारा द्वारा केन्द्र
सरकार के युवा मामलों एवं खेल
मंत्रालय के नेहरू युवा केन्द्र के
सहयोग से 3 माह का बेसिक कंप्यूटर
तथा डीटीपी प्रशिक्षण बेरोजगार
युवाओं को नि:शुल्क दिया जाएगा।
इसके अलावा प्रशिक्षण पूरा होने के
बाद उनके लिए नि:शुल्क काउंसलिंग
की व्यवस्था भी की जाएगी, ताकि
वे बेहतर रोजगार पा सके या
स्वरोजगार की सुविधा ले सके। इसमें
भाग लेने के इच्छुक सहारा, 911
तिरुमलानगर, अम्बरपेट में सम्पर्क
कर सकते हैं।



# గృహిణీలకు, నిరుద్యోగులకు ఉచిత కంప్యూటర్ శిక్షణ

హైదరాబాద్, డిసెంబర్2 ప్రభాతవార్త: నహారా స్వచ్ఛంద సంస్థ ఆధ్వర్యంలో గృహిణులకు, నిరుద్యోగ యువతులకు బ్యూటీషియన్, మెహందీ,టైలరింగ , కంప్యూటర్, స్పోకేన్ ఇంగ్లీష్, వర్సనాలిటీ దవలప్రమెంట ,

ఆఫీస్ అసిస్టెంట్ కోర్సులకు అంబరోపేట, ఆల్వాల్లో శిక్షణ తరగతులు నిర్వహించనున్నారు. శిక్షణ అనంతరము వారికి తగిన ఉద్యోగ అవకాశాలు చూసిస్తామని సంస్థ మ్రతినిధి ఆర్.నర్సింగ్ రావు తెలిపారు. వివరాలకు 9440483089కు సంప్రదించాలని పేర్కొన్నారు.

#### LOGIN TO CONTRIBUTE: