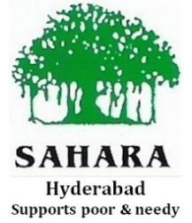




# ANNUAL REPORT 2018-19

## EXECUTIVE COMMITTEE

T N Balamukund (President), R Narsing Rao (Secretary & CF), P Pradeep Chandra (Vice President), R Yashwanth Rao (Treasurer), G Mukesh Kumar (Exe Member) B Bhasker ( Exe Member) D Venkatadri (Exe Member)



SAHARA has since 32 years, been working for the upliftment of the downtrodden section of the society . The elders need care & support and the children need support for their continuous pursuit of education and sustenance. Sahara has been supporting the above sections. Over the past few years, Sahara stepped in the field of protection of the environment also. Focused on E-Waste Management by carrying awareness campaigns. Women have been the major beneficiaries of Sahara. Unemployed young women need employment to support their families. They have been trained in income-generating skill-oriented programs. Viz. tailoring, embroidery, beautician course, computer training etc. Awareness campaigns on health issues among the aged, children and women; conduct of health camps have been a continuous activity. Last year, we focused on diabetes and it's complications. Children were educated about the bad effects of consuming junk foods. With the help of philanthropists, we reached out to help the victims of floods in Kerala state. Students from various colleges in India did their internships at Sahara, as a part of their completion of studies, successfully by studying the diversified activities of Sahara done in the welfare of the poorest of the poor section of the society. They also interacted with the beneficiaries. I thank all our patrons, members, staff, volunteers and well wishers for their continued support and cooperation. I also thank the media for the coverage of Sahara's activities from time to time, as a part of dissemination of information to the general public.

T N Balamukund  
President

**Sahara** has been working since 1988 to support the underprivileged for sustainable development.

**Mission:** Serve the poor and needy in rural areas and urban slums, enabling them to come up in their life.

**Vision:** Implement sustainable solutions for various issues hampering development in community

## WE WORK FOR

**Children -Elderly - Livelihood- Health -Women Empowerment - Community Development - Environment**



## CHILDREN & EDUCATION

### CHILD SPONSORSHIP:

With a priority to help girl child, 78 Girls and 35 boys belonging to vulnerable families, mostly semi/orphan children and children from poor families enlisted with Sahara. Among them 46 Girls and 14 boys were supported. Depending upon the donations received, these children are being supported according to their needs and availability of support. They were provided with supplies of nutrition, toiletries, educational material, dresses, tuition fee, health care and emergency needs.

### SPONSOR FOR HIGHER EDUCATION:

Among the enlisted, more than 15 students have completed schooling and gone for higher education including intermediate, graduation and post graduation

### SPONSOREES - SPONSORING:

Those who got support earlier for education and got a job are now donating to Sahara to help other students. It's a welcome approach - *Take & Give.*

### SANITARY NAPKINS:

As a part of creating awareness among young girls on Hygiene and healthy practices, Sanitary napkins were distributed to 25 girls from weaker section families with the help of donors



*Dhanalaxmi is studying 9<sup>th</sup> class in a private School at Amberpet, Hyderabad. She has one elder brother going to school. Her father committed suicide due to financial crisis. The family migrated from Karimnagar district for livelihood in the year 2005. Her mother is taking care of her two children by working as a maid servant, living in a small rented room. She has no other income source or support from any one. The income that she gets is very meager and not sufficient to meet all the need of the children. Sahara with the help of donors is helping her to some extent.*



*There are many such deserving children who need support*

## HELP THE AGED

### Adopt a destitute Aged:

The elderly who are living in the community without any care and support were identified and adopted by Sahara. They are provided with monthly sustenance support such as nutrition and toiletry items, health care, clothes and other needed support time to time. This program ensures support for their life time. In the beginning of the year there were 40 elders and 5 aged died during the year. Another 20 are on occasional support and seeking regular adoption.

### Awareness on Age Care:

There is a need to create Awareness on the increasing problems of Aged and the need to provide care and support to them. This message was imparted to the younger generation in the society. As a part of it, conducted campaigns to create awareness and to help the aged was initiated among the students of different schools. The message of extending love and concern by one and all was spread by more than 1500 students and teachers of 5 different schools.

### Students, Teachers and Managements contributing for Aged:

The students and teachers of BVB High School in Amberpet felt the need to help the poor and needy aged and contributed in kind. The students of St. Joseph School conducting a fund raising campaign to help the aged. Sri Aurobindo International school management contributing regularly to Sahara to help the aged





*Mongari Anasuyamma, aged about 72 years stays with her younger daughter in a slum of Hyderabad. Her four sons died at a young age and she is having two daughters at present. After death of her husband she started living with her younger daughter whose husband used work as daily wage labor, who used take care of his children and as well Anasuyamma. Unfortunately, he died with heart attack. Earlier she used work in a house as a maid servant, now she is not in a position to do any work due to health problems. Her daughters are not in a position to take care of her. SAHARA is providing monthly sustenance support.*

***Many such elders under the care of Sahara who need support***

**World Elders Day** was organized by SAHARA at its centre in Amberpet, Hyderabad on Saturday, 29<sup>th</sup> Sept, 2018. On this occasion, games and entertainment programs were conducted for the 45 adopted and other elderly living in different slums. Awards and gifts were presented to the winners. Pocket money, refreshments, lunch, nutrition and toiletry items were provided to them. The elderly felt so happy for organizing a day for them though they don't have any one of their own.



## HEALTH CARE

### CHILDREN & AGED:

Quarterly Health camps were organized at Sahara covering different slum areas of Amberpet, Hyderabad for the children, women and aged. More than 120 patients were covered regularly during the year. Apart from health checkup, the mothers were educated on seasonal diseases that come in and the food habits of children that affect the health of the children. Identified chronic cases were referred to different hospitals for treatment

### DIABETIC RETINOPATHY:

In association with Dr Radhika of IIPH, Diabetic Retinopathy awareness camps were organized in different localities of Amberpet Constitution. The elders, including the family members were made aware of consequences of diabetic impact on eye sight and loosing the sight due to diabetes. Awareness was created thro video shows and pamphlets and the need to go for regular eye checkup. A free check up facility was created at SPARK eye care facility. More than 600 elders were covered under the program.

### YOGA - MEDITATION:

Yoga and meditation was introduced for children, women and elderly beneficiaries of Sahara. Special classes were organized to impart yoga and meditation for children and aged for their health and well being. After initiating the classes asked them to practice at their home.



# WOMEN EMPOWERMENT- SKILL UP GRADATION

## WOMEN'S DAY:

Women's day was organized on 9<sup>th</sup> March 2019 at Sahara Training Centre calling under privileged women for empowering. On the occasion, the invitee guests enlightened the women on self-reliance and their role in family development. Various competitions were conducted to encourage women and awards were presented. The women who completed in various training courses were awarded with certificates. More than 35 women attended the celebrations.

## BEAUTICIAN TRAINING:

Beautician Skills were imparted among young women and adolescents. Training was provided to 15 young women and school dropout girls from poor and middle class families in Amberpet, Hyderabad. After the successful training, the candidates were referred for placements with beauty parlors and they got successful employability potential.



## VOCATIONAL TRAINING IN TAILORING & FASHION DESIGN:



With the support of Rotary Club of Hyderabad three months Tailoring-Fashion design course was run benefitting 23 young women and adolescent girls in the slum areas of Amberpet. Certificates were awarded to them by the Rotarian Governor along with their president and members on 2<sup>nd</sup> May 2018. A regular training centre is being run by Sahara at its head office in Amberpet and trained additional 25 candidates during the year. More than 90% of the trainees could earn and support their families after the training.

## COMPUTER, WORKPLACE ENGLISH & LIFE SKILLS :

To create employability potential among youth and young women, regular training programs were conducted in computer basics with workplace English and life skills. After the training, they were provided free placement and referral services to different areas. 45 candidates belonging to weaker sections, school and college drop outs got trained under this program



## OFFICE ASSISTANT TRAINING:

A fully fledged training with practical knowledge was given to 18 candidates who discontinued their education at different level, so that they can get equipped with the office management knowledge and get employment opportunities. These candidates were placed in different firms after the training and we have also encouraged them to complete their studies while working.

## SUPPORT FOR INCOME GENERATION:

Initiated the activities to support the women for income generation in the form of pretty trade, sewing machine were provided to work at home at their convenient time, start a beauty culture centre, run tuition centre or other viable activities so that they can earn and add income to support the family. 8 families got support under this program.





## ENVIRONMENT PROTECTION

### Say No To Plastic:

Awareness Campaigns were organized in 3 schools creating awareness among students, teachers and parents on the plastic covers usage and its consequences. At the same time supplied cotton bags to replace the plastic covers.

### Awareness on E waste Management:

The schools participated on E waste Management include St. Joseph High School, Bharathi Vidya Bhavan High School, St Amber School (Amberpet), Nalanda School (LB Nagar), Govt. High School ( LB Nagar), Govt High School ( NTR Nagar) during the month of July 2018. Ms Alekhya from Lovely Professional University, Punjab has taken active part in organizing the events as part of her Community Development project work

### Collection of E-waste:

Mobilized E-waste collection drive, the collected e-waste was sent for recycling. Advised public not to through e-waste in the regular waste bins and also not to sell it to vendors under waste material as it may pollute the environment if it is dumped without segregation. Recycle collection point was set up at our office to facilitate the collection of e waste.



### Rain water units maintenance:

Yearly maintenance of 5-Rain water Recharge and Recycling units which were constructed earlier in different villages of Mahabubnagar, Karimnagar, Nizamabad and Medak districts of Telangana were monitored. These units are maintained with the support of beneficiaries, villagers school authorities including students by further creating awareness on saving rain water for future



### Grow more trees follow-up :

From the beginning of Sahara, it has been planting sapling and taking care of its growth. In the recent time, since State Government is planting the saplings in a massive scale, Sahara is monitoring its planted saplings until it grows and takes care of itself. The responsibility of the caring is handed over to the students, youth, SHG members and Elderly. Regular monitoring was done in 5 villages to encourage survival of the plants including those planted in the previous years.

## KERALA FLOOD RELIEF ACTIVITIES



SAHARA has provided assistance to Kerala flood victims. Relief activities were undertaken by our Senior Staff Ms Sajitha, along with local volunteers and SHG members in the villages of Perunad, Kottukapara, Madathummuzyhi, Nedumon and the areas on the bank of Kakkat river under Maniyar irrigation project of Pathanamthitta district. Apart from distribution of immediate essential needs, support has been provided for

reconstruction of 22 houses which were fully merged under water in Nedumon village of Perunad Panchayat. The services and the support include reaching out to the unreached areas by other teams. Our Relief Team cleaned the houses and approach roads, supplied clean drinking water, food grains, nutrition and toiletry items, dresses and clothes. Our special thanks to our donors P. Rajitha, R. Radhika, Mukesh, Narsing Rao, Sridharan. We also thank Sajitha, P K Mohanan, Vishu, Shyam, Manoj, Amal, Vinayak, Ajil and SHG Members.

## TRAININGS, WORKSHOPS & CONFERENCES

### Walk The Talk:

Dr Radhika Rohini Project Manager and Dr Iffath Z Neha, Volunteer Associate (Health) from Sahara attended the conference and an interactive session on “Walk the Talk: Women, Work, Equity, Effectiveness” held at Hotel Plaza, Hyderabad organized by CIPS-ASCI on Jan 11, 2019.



### E-Waste Management:

Sahara representatives K Rama, Ch Malleswari and K Bhanu attended ToT on E waste Management organized by The Ministry of Electronics and Information Technology (MeitY) in partnership with MAIT on 3-4 Dec 2018 at Paryavaran Bhawan, Hyderabad. The awareness & training programme is an initiative to sensitize and impart knowledge among the students, teachers, parents, corporate, Informal Sector, Bulk consumer & Dealers about the proper management, disposal and channelization of E waste.



### Letzchange-Airtel Hyderabad Marathon 2018:

Sahara program in charge Radhika has attended the workshop on June 12th, 2018 held at APMAS Building, Hyderabad. This workshop was to leverage the event to expand their donor base. It is to cater to every non-profit's requirements and provide solutions to their fundraising queries through interactive activities and case studies

### Certificate Course in Financial Literacy - Jaadu Ginni Ka:

Under a CSR Initiative of Vodafone and NIIT, Finance Management training was conducted for 30 children and youth at Sahara Training Centre. Santhosh Reddy from NIIT foundation has conducted the training on 30<sup>th</sup> Sept 18. The course covered introduction to income and expenditure, focus on savings and basic banking, mobile accounts/wallets, wise borrowing, investments, managing risks with insurance, introduction to financial planning, creating a financial plan and supporting resources.

**YRG Care:** Attended a workshop on gender organized by YRG Care at Hyderabad on 26<sup>th</sup> Nov., 2018

## DISTRIBUTION OF CLOTHES AND OTHER ITEMS

### COLLECTION OF USED CLOTHES AND OTHER ITEMS DISTRIBUTION TO THE NEEDY:

Sahara has set up a bank for clothes, nutrition, toiletry items, educational material-note books, bags, pens etc... and other items that are useful for different age groups and being distributed to the poor and needy for their use. More than 200 people got benefitted under this.





## CREDENTIALS AND AWARDS

### Helpage India:

On the occasion of 40 years of Helpage India services, R Narsing Rao ( SAHARA founder) and the first staff of Helpage international who served Helpage India/International for a period of 20 years when it initiated its services in India was felicitated by Helpage India. On Oct 1, 2018

### Telangana NGOs Leadership Award - 2018:

The award was presented by CSR world at Hotel Taj Banjara on 16<sup>th</sup> November 2018. Founder and Secretary R Narsing Rao has received the award

### Nehru Yuma Kendra, Govt. of TS:

Sahara was selected as one of the selection committee member for selection of three Awards under Swatch Bharat Summer Internship program for the year 2018-19.

### Indian Business School, Hyderabad:

Students - Akhil and Nikhil had taken a video film on SAHARA's marketing strategies in promoting its training programs and other activities on 19<sup>th</sup> Dec 2018



## VISITORS

- **Niraj International School:** The students of Niraj International school headed by its faculty member- Ms Simran Sinha had an exposure visit to Sahara on 5<sup>th</sup> Feb 19 to understand its work for the cause of poor and needy children and had a get-together with Sahara sponsored children
- **Divya Vani TV:** The Divya Vani TV has taken an episode on Sahara activities under " Good Samaritan" which was televised on 28<sup>th</sup> Feb 2019. It has covered the work done by Sahara
- **JOSE TALKS:** Partnership with Josh talks (a mission to unlock human potential) as "Story Partners" to share success stories of individuals who have benefited from SAHARA organization. These stories will be a source of inspiration to masses-- Teja & Allan Martyr Scouting & Research
- **Mahiti Infotech Pvt Ltd :** Uttam Kumar from Mahiti Infotech Pvt Ltd, Bangalore visited Sahara and discussed about the Comprehensive Technology Platform for Monitoring, Evaluation and Analytics on 16.4.2018
- **NIIT Foundation:** Rasid Wali Khan, Project Manager, NIIT Foundation has visited and discussed on Finance Management awareness campaigns among students, youth and women.
- **WASH:** Ramya Prasad Chavali has visited and discussed on WASH Study program on 11<sup>th</sup> may 2018
- **Hyderabad Central University:** Reshma from Hyderabad Central University had an interaction regarding the survey on Beedi Rolling women
- Met Sri J Nirmal, a philanthropist at Hotel Hyatt and discussed on supporting the poor families to set up income generation programs

## INTERNSHIPS-BLOCK PLACEMENTS AT SAHARA

### **Patrician college of Arts and Science, Chennai:**

In accordance to MSW academic curriculum 22 students along with two faculty members Mr A. David Ray Disouza and Ms Vinola from Patrician college of Arts and Science, Chennai attended Orientation class on functioning of SAHARA and its projects on 8<sup>th</sup> Sept 2018. This is to enlighten them for their academic and personal growth



### **Lovely Professional University, Punjab:**

Alekhya Modugula, pursuing BBA (Hons) from Lovely Professional University, Punjab has been associated with SAHARA for her assignment on 'Community Development Project' and worked in the field from 1<sup>st</sup> June 7<sup>th</sup> July 2018. Further she has been assigned to attend for fund raising and follow up (online) up to 15<sup>th</sup> July 2018.

### **Indian Inst of Public Health:**

Dr. Iffath Zamani Neha, from IIPH has been associated with SAHARA as VOLUNTEER in Health care services for the Elderly, Children and Women during the period June 2016 to May 2017.

## COUNSELING AND FREE PLACEMENT SERVICES:

Year round regular counseling and placement services were provided to unemployed youth and young women who were trained with us and also those who are seeking some employment. During the year more than 100 candidates got help under these services.

Under free placement services, Sahara has referred number candidates trained at Sahara and as well those who are in search of jobs, they have been referred to Yeshoda Foundation, Butterfly Edufields Pvt Ltd, NBS My Manpower Resources (P) Ltd. Eurasia internationals.Com, Different Garment Mfg Units, Beauty Parlors, establishments and firms.

## VOLUNTEERS SUPPORT

Sahara is motivating and encouraging volunteers to work for social cause. It is involving students, youth, house wives and retired persons to be the volunteers of Sahara and encouraging them to involve in social activities. These volunteers are helping in collecting clothes, nutrition, toiletries, educational materials etc and distributing to the needy. Volunteers are conducting E- Waste Awareness, Aged care Awareness camps. Old news papers, magazines, E-waste are being collected and the proceedings of this are being used for charity.

## ORGANIZATIONS SUPPORTED DURING 2018-19

BSM Trust, Givnow / Benow, Letzchange Foundation, Letz Dream Foundation,  
Manav Jagriti Foundation, Quikr.Com, Rotary Club of Hyderabad

## INDIVIDUAL DONORS SUPPORTED DURING 2018-19

Anupama Chandwani, Arathi, Ashok, Aswini/Sujatha A, Balamukund TN, Chetan Bansali, D M Rao, Deepika, Geetha Bai KS, Haritha Dr, Indira Ramagiri, Kavita Krishna, Kutumba Sastry B, Nageshwar Rao R, Purna L, Radhika R, Rajitha Peddi, Rama Kodavati, Ramani Krishnamurthi, Rambabu B, Ramulu M, Ratna Kumari, Rushitha, Sailaja Kandukri, Samved G, Satyanarayana M/Srinivas Aditya, Savthri, Shubham Srivastava, Sitarama Lakshmi, Snigdha Siddula, Sridharan KKA, Sudeep Kodavati, Swarajya Laxmi, Sweekar R, Tushar, Varghese Alexander, Venkateshwar Rao TKV.



## ORGANISATION LEGAL STATUS

Particulars	Regn. No	Dated
Regd under Societies Act	3119/98	29.12.1988
80G of IT Act (permanent)	F.No.DIT(E)/HYD/80G/12(08)ren/08-09	02.01. 2009
12A of IT Act (permanent)	F.No.HqrsI/30/12A/02-03/DIT(E)	01.10.2002
PAN	AACTS4926P	29.12.1988
FCRA (valid up to 01.11.2021)	010230259	05.08.2016
Planning commission-UID-Ren	AP/2009/0017934	-
Auditors	B V R Associates	-

### Donations accepted in the name of 'SAHARA'

#### INDIAN DONATIONS:

A/c No. 404601010006617 (IFSC: VJB0004046), Bank of Baroda (VB), Narayanaguda, Hyderabad-29

#### FOREIGN DONATIONS:

A/c No.0649101019518 (IFSC: CNRB0000649), Canara Bank, Narayanaguda, Hyderabad-29

#### SAHARA

#2-3-703/k/1(911), Tirumalanagar, Amberpet, Hyderabad-500013,

Tel.:9440483089, 8500651950, 40.27407952,

Email: sahara\_ngo@rediffmail.com, saharangohyderabad@gmail.com,

<http://www.saharangots.org>, <https://www.facebook.com/sahara.ngo.3>

<https://www.facebook.com/saharahyderabad>, <https://www.facebook.com/narsing.rao.5268>

*We thank all our donors, well wishers and volunteers for their continuous support and concern*

*--- R Narsing Rao, Secretary & Chief Functionary*



HYDERABAD THE HINDU  
FEBRUARY 16, 2019  
**Skill training**  
HYDERABAD  
Sahara is offering vocational and skill upgradation training to housewives and adolescents. Contact phone: 9440483089.



**ఈనాడు EENADU 25.10.2018**

**అనాథ వృద్ధులకు నిత్యావసర సరకుల పంపిణీ 27న**

గోల్కొక, న్యూస్ టుడే: అనాథ వృద్ధులకు నిత్యావసర సరకులను ఈ నెల 27న పంపిణీ చేయనున్నట్లు గోల్కొక తిరుమలనగర్ లోని సహారా కేంద్రం నిర్వాహకులు రామగిరి నర్సిం గారావు ఒక ప్రకటనలో తెలిపారు. ఆ రోజు ఉదయం 11 గంటలకు నిత్యావసర సరకుల పంపిణీ ఉంటుందని సద్వినియోగం చేసుకోవాలని ఆయన పేర్కొన్నారు.



# Skill upgradation classes

SPECIAL CORRESPONDENT  
HYDERABAD

Sahara, a voluntary organisation, in association with Shanthiyutha Youth Club, has been offering skill upgradation training classes in tailoring, workplace English, office assistant, beautician and others from October 1.

Counselling services are also being provided to unskilled housewives to help them get jobs or gain self-employment potential. Further details can be had from Sahara, Counselling, Resource and Training Centre (CRTC), 911, at Tirumala Nagar beside Sunita Apt at Amberpet. Call on 9440483089 or email to [sahara\\_ngo@rediffmail.com](mailto:sahara_ngo@rediffmail.com).

## అంతర్జాతీయ మహిళా దినోత్సవ వేడుకలు



ప్రజాపక్షం/అంబర్పేట: అంతర్జాతీయ మహిళా దినోత్సవాన్ని పురస్కరించుతున్న అంబర్పేట తిరుమలనగర్లో గల సహారా స్వచ్ఛంద సేవా సంస్థ ఆధ్వర్యంలో ఘనంగా మహిళా దినోత్సవ వేడుకలను నిర్వహించారు. ఈ కార్యక్రమానికి సామాజిక కార్యకర్తలు రమా దేవి, ఎల్.పూర్ణలు ముఖ్యఅతిథులుగా హాజరై ప్రసంగించారు. ఈ సందర్భంగా వారు మాట్లాడుతూ మారుతున్న ఆర్థిక సమాజంలో స్త్రీ పురుషుల భేదం లేదని అందరూ సమానమేనని పేర్కొన్నారు. మహిళలు అన్ని రంగాల్లో రాణించి ఉన్నతంగా ఎదిగాలని వారు పిలుపునిచ్చారు. సహారా సంస్థ డైరెక్టర్ రామగిరి నర్సింగ్ రావు మాట్లాడుతూ తమ సంస్థ మహిళల అభ్యున్నతికై గత ఎంతో కాలంగా కృషి చేస్తుంది పలు కార్యక్రమాల ద్వారా వారికి తగిన సహాయ సహకారాలను అందజేస్తున్నామని తెలిపారు. అనంతరం మహిళలకు వివిధ పోటీలను నిర్వహించి గెలుపొందిన వారికి బహు మతులను అందజేశారు. ఈ కార్యక్రమంలో సంస్థ అధ్యక్షులు బాల ముకుంద్, మహిళా సాధికారకార్యకర్తలు డాక్టర్ రాధిక, ప్రణతి, స్వీతి, అమరావతి, సిద్ధింది (ప్రేమలత, మర్రి తల్లి, బాసు, తివేణి తదితరులు పాల్గొన్నారు.



## Skills upgradation training for women

Sahara, a voluntary organisation is offering free skill upgradation training classes to house wives and adolescents in tailoring, workplace English, office assistant, beautician, mehendi, etc. Young women and adolescents who are in need of improving their employability potential and learn new skills can join the courses. Regular counselling services is also being provided to unskilled house

ఎడ్యుకేషన్ మెటీరియల్, సరుకుల పంపిణీ కార్యక్రమం: సహారా సేవా సంస్థ ఆధ్వర్యంలో అనాథ, వేద విద్యార్థినులకు ఎడ్యుకేషన్ మెటీరియల్, సరుకుల పంపిణీ స్థలం: తిరుమలనగర్లోని సహారా కేంద్రం, అంబర్పేట్ సమయం: 11

అనాథ విద్యార్థులకు రాత పుస్తకాలు  
గోల్కొండ, డ్యూకేటర్: వేద, అనాథ విద్యార్థులకు రాత పుస్తకాలను ఈ సారి వేద విద్యార్థులకు సహారా పుస్తకాలను పంపిణీ చేసినట్లు తెలిపారు. అంబర్పేట్ కేంద్రంలో మనీజర్ కార్యక్రమం అయింది పేర్కొన్నారు.



## NAVA TELANGANA: 16 నిరుద్యోగ

యువతకు శిక్షణ  
నవతెలంగాణ - హైదరాబాద్ మహిళలకు, నిరుద్యోగ టైలరింగ్, కంప్యూటర్ బేసిక్స్, ఆ బ్యూటీషియన్, మోహంది తదితర శిక్షణా తరగతులు నిర్వహిస్తున్న డైరెక్టర్ అర్. నర్సింగ్ రావు ప్రకటనలో పేర్కొన్నారు. శిక్షణ వారికి తగిన ఉద్యోగ అవకాశాలు, కాలేజీ మానేసిన విద్యార్థిని నిర్వహించి వా ప్రణాళికలు రూపొందించుస్తూ: కౌన్సిలింగ్, అడ్మిషన్ కోసం నం 911-తిరుమల నగర్, అ దిరునామాలో సంప్రదించాలని వివరాలకు 9440483089 సంప్రదించాలని పేర్కొన్నారు.

## నవతెలంగాణ హైదరాబాద్ గురువారం

### 'డయాబెటిక్ రెటినోపతి' పై అవగాహనా సదస్సు

నవతెలంగాణ - అంబర్పేట ఇండియన్ ఇనిస్టిట్యూట్ ఆఫ్ పబ్లిక్ హెల్త్, డి క్లీన్ ఎలిజబెత్ డైమండ్ జూబిలీ ట్రస్టు సౌజన్యంతో డాక్టర్ రాధికా రోహిణి 'డయాబెటిక్ రెటినోపతి' పై అవగాహనా సదస్సును అనంతరం నగర్లోని న్యూబి టోన్స్ సెంటర్లో నిర్వహించారు. డాక్టర్ డయాబెటిక్ వలన రెటినాలో కలిగే అన్ని జబ్బులు రెటినోపతి అని పిలుస్తారని చెప్పారు. డయాబెటిక్ చూపు పోయే ప్రమాదం ఉందని తెలిపారు. డడ నివారించుటకు గల మార్గాలను వివరించారు. సవ నర్సింగ్ రావు మాట్లాడుతూ చక్కని వ్యాధి బాధపడే రవాణా సదుపాయాలు కల్పించామని తెలిపారు. పాఠ మహుల దేవి సదస్సు నిర్వాహకులకు కృతజ్ఞతలు తెలిపారు.

## Free skills training for women

Amberpet, Sahara, a voluntary organization, is offering vocational and upskilling courses to housewives and adolescents in tailoring, beautician, mehendi, computer, workplace English, office assistant, artificial ornaments, cookery etc. Young women and adolescents who are in need of improving their employability skills can join the courses. To make it convenient for young mothers, one-to-one classes will be undertaken according to their available timings. Regular counselling services are also being provided to unskilled housewives, so that they can learn skills and support their families by getting jobs or becoming self-employed. The adolescents can avail of the opportunity of getting training and after the training they will be provided with free placement services and guidance for self-employment opportunities. For further details call 9440483089 or email to [sahara\\_ngo@rediffmail.com](mailto:sahara_ngo@rediffmail.com)



## వేసవి శిక్షణ తరగతులు ప్రారంభం

ప్రజాపక్షం/అంబర్పేట: సహారా స్వచ్ఛంద సంస్థ ఆధ్వర్యంలో వివిధ కోర్సుల్లో యువత, యువకులకు గాను ఉచిత వేసవి శిక్షణ తరగతులను ప్రారంభించనున్నట్లు డైరెక్టర్ అర్. నర్సింగ్ రావు ఓ ప్రకటనలో తెలిపారు. నిరుద్యోగ యువత, యువకులకు టైలరింగ్, బ్యూటీషియన్, మోహంది, కంప్యూటర్ బేసిక్స్, ఆఫీస్ అసిస్టెంట్, స్ట్రోక్స్ ఇంగ్లీష్, ఆర్టిఫియల్ నగల తయారీ, చాక్లెట్ తయారీ తదితర కోర్సుల్లో ఉచితంగా శిక్షణనివ్వనున్నట్లు తెలిపారు. అదేవిధంగా శిక్షణ పూర్తి చేసుకున్న అభ్యర్థులకు తగిన ఉద్యోగ అవకాశాలను సంస్థ చూపేడుతుందన్నారు. దీంతో పాటుగా పాఠశాల, కళాశాలలు మానివేసిన విద్యార్థులకు ఉచిత కౌన్సిలింగ్ ను నిర్వహించి వారికి అదాయ మార్గాలను చూపడతామని పేర్కొన్నారు. మరిన్ని వివరాలకు సంస్థ ఫోన్ నెంబర్: 9440483089 సంప్రదించాలని కోరారు.

## నిరుద్యోగులకు ఉచిత శిక్షణ

గోల్కొండ, మార్చి 5 : నిరుద్యోగ యువతకు పలు రంగాల్లో ఉచిత ఉపాధి అవకాశాలు కల్పిస్తున్నట్లు సహారా స్వచ్ఛంద సంస్థ డైరెక్టర్ గిరావు తెలిపారు. మంగళవారం ఆయన మాట్లాడుతూ అంబర్పేట నగర్లోని సంస్థ కార్యాలయంలో వేసవి శిక్షణా శిబిరంలో భాగంగా, బ్యూటీషియన్, మోహంది, కంప్యూటర్ బేసిక్స్, ఆఫీస్ స్ట్రోక్స్ ఇంగ్లీష్, ఆర్టిఫిషియల్ నగల తయారీ, చాక్లెట్ తయారీ రంగాల తరగతులను 20న ప్రారంభిస్తున్నట్లు తెలిపారు. శిక్షణ అనంతరం ఉద్యోగ అవకాశాలు కల్పిస్తామని ఉద్ఘాటించారు. ఆసక్తి గల నిరుద్యోగి, మహిళలు సంస్థ కార్యాలయంలో పేరు నమోదు చేసుకోవాలన్నారు. వివరాలకు 9440483089 నంబర్ ను సంప్రదించాలని

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